THE BRIDGE
BEHAVIORAL HEALTH
Safe passage from addiction to sober living.

Needed Items List

*(Items marked with * must be new.*
Otherwise, gently-used items are welcome.)

Residential and Personal Care Supplies

*Razors/ Shaving cream
*Toothbrushes/Toothpaste
*Men's antiperspirant/deodorant
*Feminine Hygiene Products
Shower Shoes ("flip flops")
*Tissues
Twin-size blankets
Twin-size sheet sets
*Bed Pillows
Towels and washcloths (kitchen and bath)

Program and Art Supplies

Two-pocket folders
Posterboard
Construction paper
Acrylic paint (larger bottles preferred)
Palettes
Paintbrushes
Colored pencils and markers
Oil pastels
Magazines to cut apart
Glue (sticks, model, all purpose)
Adult coloring books
Yarn for knitting or crocheting

Other

Movies on DVD (rated PG or PG13)
Board games and puzzles
Ear buds or headphones
Books for adult readers

Non-Perishable Food/Kitchen Items

*Non-dairy creamer
*Non-stick cooking spray
*Paper towels
*Scotch pads
Oven cleaner
Large latex disposable gloves

Clothing

Men's jeans
Winter coats, hats and gloves for men or women
Men's shoes (athletic, casual, dress, "flip flops" for shower shoes)
*Men's socks and underwear
Men's belts
Women's lounge clothes (pajamas, sweatpants, etc.)

Items may be dropped off seven days a week, both day and evening.
Financial contributions may be dropped off or mailed.

The Bridge Behavioral Health
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Lincoln, Nebraska 68508
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For more information or ideas for group items drives, contact Phil Tegeler at ptegeler@TheBridgeNebraska.org or (402) 477-3951.

Community Services Fund of Nebraska