



IMPACT REPORT

2022-2023



THE BRIDGE
BEHAVIORAL HEALTH

Vision, Mission & Values

Vision

A future where recovery is possible, free from judgement, stigma, and fear.

Mission

To provide hope and a strong foundation for recovery through substance use treatment and behavioral health interventions.

Values

Dignity

Treat all with heartfelt compassion, grace, and respect, especially in the face of adversity.

Excellence

Provide the highest standard of care through evidence-based practices, individualized approaches, integrity, and honesty.

Collaboration

Build purposeful relationships grounded in cooperation and a shared vision.

Inclusion

Inspire all to feel valued and important in their journey, regardless of circumstances.

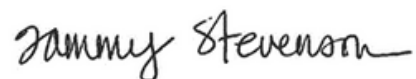


Dear Friends,

This past year was quite a challenge as we continued to navigate in a constantly evolving environment. While the public health emergency officially ended in May, many behavioral health organizations continued to face challenges, including an unprecedented workforce shortage, while simultaneously seeing an increased need for our services. Despite these challenges, The Bridge has remained focused on our mission and vision and committed to make a meaningful impact in our community.

We have much to celebrate as we reflect on this past year but the best part of our job is watching people take the necessary steps to change their lives. We often refer to this as the “small wins” because recovery is a journey. It doesn’t happen overnight. Watching individuals take back their lives one day at a time is what keeps us motivated.

None of this would not be possible without the unwavering support of our donors, volunteers, dedicated staff, Board of Directors, and community partners. I want to express my heartfelt gratitude to everyone who has supported The Bridge this year. We have ambitious goals and plans for the coming year and I am confident that with your continued support, we will ensure recovery is possible.

A handwritten signature in black ink that reads "Tammy Stevenson". The script is fluid and cursive, with the first name "Tammy" written in a larger, more prominent style than the last name "Stevenson".

Tammy Stevenson
Executive Director



Our Services

Detoxification & Withdrawal

A medically-supervised program to safely detox and withdrawal from substances including alcohol, opioids, benzos, and fentanyl. Medication is provided to ease the symptoms of withdrawal.

Substance Use & Mental Health Respite

A short term program designed to provide a safe, supported environment for individuals with a substance use disorder or serious mental illness who need a break from their current treatment program or are considering treatment options.

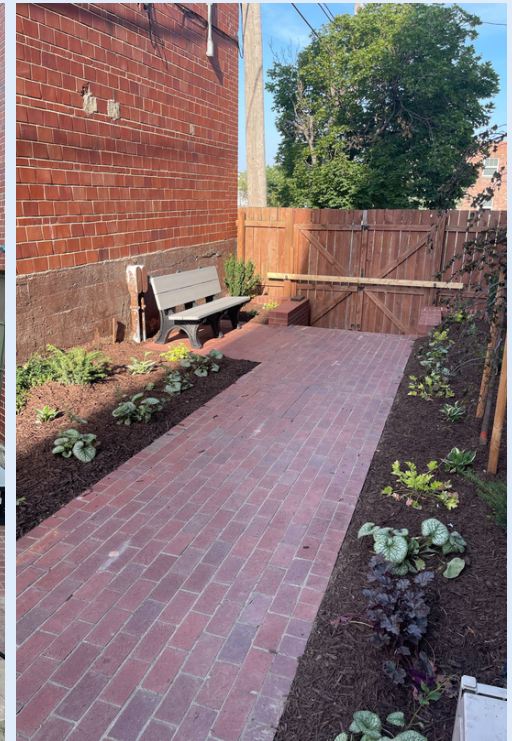
Residential Treatment

Short term and intermediate residential treatment programs available for men only. These structured programs are designed to help clients address issues that led to substance misuse and learn how to cope with personal trauma and life skills.

Outpatient Services

Outpatient services include substance use evaluations and outpatient counseling. Substance use evaluations are available to individuals who think they may have a problem with alcohol or drugs. Outpatient counseling is offered to individuals with substance use disorders.

Elevating Treatment Services



A new recreational space at The Bridge was made possible by two generous donors. Clients now have a private outdoor space for groups, family visitations, meetings, journaling, meditation, physical activities, and more. This space includes a basketball court, rocking chairs, tables, benches, and space for games such as badminton or hacky sack.

2022-2023 Impact

1,219 unduplicated clients.

Clients served across 48 counties in Nebraska.

91% of clients were uninsured or had Medicaid.

Clients Served By Program

Detox & Withdrawal	626
Respite	625
Residential	167
Substance use evaluations	187
Outpatient	8

Income

\$0-\$3,999	59%
\$4,000-\$9,999	7%
\$10,000-\$15,999	6%
\$16,000-\$21,999	6%
\$22,000-\$26,000+	22%

Gender

Male	72%
Female	28%

Age

19-20	1%
21-25	10%
26-30	16%
31-40	38%
41-50	20%
51-60	10%
61-70	5%
71 & over	>1%

Race

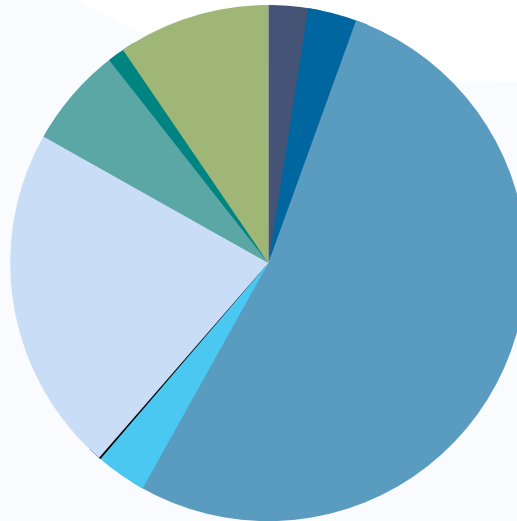
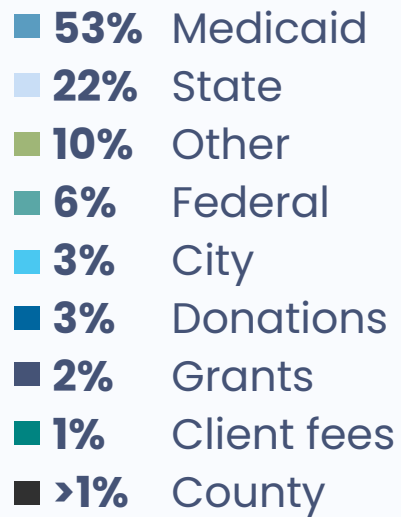
American Indian	8%
Asian	>1%
Black/African American	11%
Other Pacific Islander	>1%
White	78%
Declined to Report	3%

Ethnicity

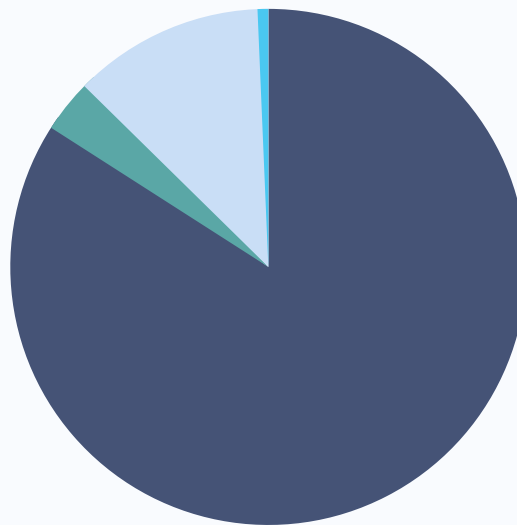
Hispanic/Latino	7%
Non Hispanic/Latino	93%

2022-2023 Financials

Revenue



Expenses



2022–2023 Board of Directors

Rico Zavala | President
Christine Jackson | Past President
Cathy Kottwitz | President Elect
John Laflin | Treasurer
Kayla Meyer | Secretary
Dave Dermann
George Dungan
Mario Racicot
Matt Spethman
Megan McKay



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Funded in part by the Department of Health and Human Services, Region V, and Region 3 Systems. See thebridgenebraska.org for more information.