



THE BRIDGE
BEHAVIORAL HEALTH

2023-2024

ANNUAL REPORT

721 K Street | Lincoln, NE 68508

www.TheBridgeNebraska.org





A NOTE FROM ED THORNBRUGH EXECUTIVE DIRECTOR

Gratitude is the quality of being thankful; readiness to show appreciation for and to return kindness.

It is an appropriate theme for this year's report. The Bridge has experienced tremendous change over the last year. There have been changes on our board of directors, as some completed their service and others joined. Our leadership team has seen a change in membership. We have seen staff rewarded for their hard work through the achievement of new licenses. We have seen the door to outpatient services reopen. We have seen the addition of skilled providers to our team to include a dedicated Medical Director, a team of APRNs to oversee the Medically Monitored Withdrawals, and an APRN to begin to provide outpatient behavioral health care including Medication Assisted Treatment for those with Opiate Use Disorders.

Throughout this dynamic time, we have enjoyed and are deeply grateful for the support we have received. It has come from many directions. We have received financial support to make facility repairs and recognize staff. We have received countless donations that have even included handmade quilts. Imagine the dedicated hours! We have volunteers who walk and run with clients to support the physical recovery alongside the emotional and spiritual recovery.

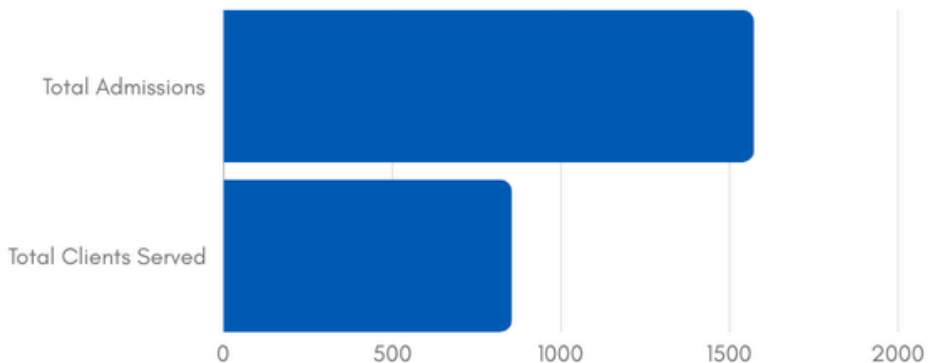
We have experienced the renewal of old relationships and the start of new ones. We are deeply grateful for the ongoing support of the Recovery Community. The living examples of recovery and resilience around us continue to inspire hope and give evidence that recovery is possible.

We complete this fiscal year and face the new one with continued hope and gratitude. To echo the stoics, we will not resent or fear the obstacles and challenges ahead of us, rather we will be grateful for the opportunity to overcome them and be reminded of the support we experience.

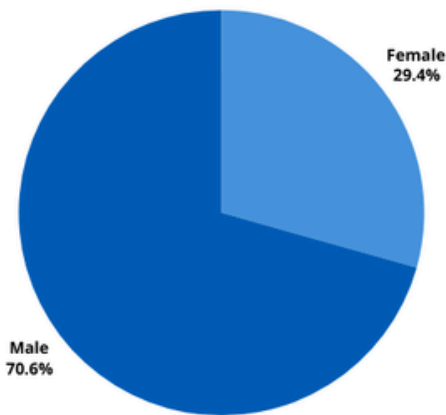
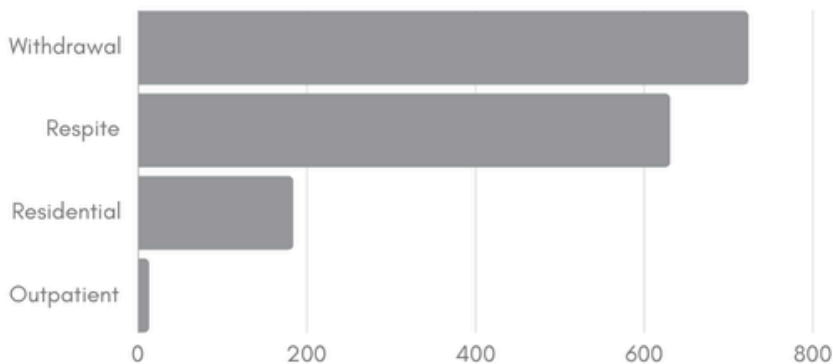
Year in Review

DEMOGRAPHICS

Clients at The Bridge Behavioral Health

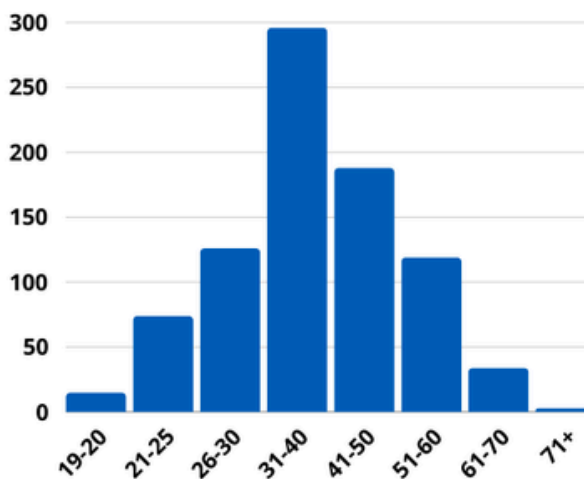


Services Utilized



Homeless
33% of those served reported to be homeless

Age Served



87%
reported making less than the Nebraska median individual income of \$38,585

72%
reported making less than \$15,00 per year, an income below the poverty level

Year in Review

WHY THE BRIDGE?

Having the opportunity to listen to peoples stories on what is often times on one of there darkest days; we get to encourage hope and growth. While many people may not get everlasting recovery during their stay with us, we get to spark the fire for what can become their greatest story. I could not ask for anything more.

I enjoy working here because I love to give others the chance at happiness in life. I love to share in their hope for a better future. I enjoy that I have grown in my professional and personal life because of the leaders and employees at the Bridge. I am so grateful for being able to serve those in need through a compassionate and dignified place of work.

As a team, we create a place where sick and tired people can go to get help. We create and maintain a place that reduces the number of preventable deaths in our community that occur as a result of addiction and mental illness.

Working at the Bridge allows me to help clients in all stages of recovery. Encouraging someone during their 1st day of detox and the next day discharging a client from residential treatment. Fulfillment can come in many forms, and it is always discoverable at the Bridge.

As someone in recovery myself, this job offers me the opportunity to help others through the same changes in their lives. Seeing their struggles to maintain sobriety also serves as a constant reminder of what life in active addiction is like.

I like the variety of work that I have to do and the experience it gives me. My work takes me all over the building and out into the parking lot and up on the roof. Never ending is a great way to describe my job and duties so I am never bored but motivated to keep on keeping on!

Being able to be part of many people's recovery process, especially in the beginning, gives me hope. I love running into former clients and hearing how well they are doing and knowing I played a small part in their journey. People need to know they deserve to be happy.

I started working here as an intern from SSC for school hours and was hired on as a RA. During my time here, I have developed a deeper understanding of addiction, and the loss it can cause. However, throughout the years I have also seen many success stories. Nothing has a greater impact on me than seeing the changes a person has made because they started their journey at TBBH. Their journey begins with a simply "Hello, how can I help you?" Just knowing that I have helped one person; helps me.

Year in Review

WHY THE BRIDGE?

Working at TBBH allows me to make a meaningful impact on individuals' lives, supporting their journey to recovery and helping them achieve a healthier, substance-free future.

I enjoy working here to help clients regain their lives back. Also the great caring staff that work here.

I am inspired to work at The Bridge because every day is an opportunity to show those who are struggling with addiction that they matter. Working with so many compassionate, awesome coworkers also makes The Bridge an amazing place to be.

I LOVE WORKING HERE BECAUSE OF THE IMPACT I MAKE ON THE CLIENTS WE SERVE. I ENJOY SHARING MY STORY WITH CLIENTS BECAUSE I FEEL THAT IT GIVES THEM HOPE AND SHOWS THEM THAT RECOVERY IS POSSIBLE.

WORKING AT TBBH FORTIFIES MY OWN RECOVERY SO THAT I MAY BE OF SERVICE TO OTHERS. PROBLEM SOLVING, CULTIVATING RELATIONSHIPS, AND WORKING AS A TEAM WITH A COMMON PURPOSE ARE SOME ASPECTS OF MY JOB THAT I TRULY ENJOY.

I'm passionate about recovery and love helping the clients at TBBH find their path to sobriety.

I CHOOSE TO WORK AT THE BRIDGE BEHAVIORAL HEALTH BECAUSE SUBSTANCE USE AND MENTAL HEALTH ARE DEEPLY IMPORTANT TO ME, AND I WANT TO BE PART OF THE POSITIVE CHANGE THAT HELPS PEOPLE LIVE THEIR BEST LIVES. EVEN THOUGH OUR IMPACT ISN'T ALWAYS IMMEDIATELY MEASURABLE, EVERY EFFORT, INCLUDING SOMETHING AS SIMPLE AS ANSWERING THE PHONE AND CONNECTING INDIVIDUALS TO THE RIGHT RESOURCES, MAKES A SIGNIFICANT DIFFERENCE IN THEIR LIVES.

My passion is to support people who may be struggling as I once was. I love giving back my experience, strength and hope to our clients. Working at TBBH allows me to self-reflect on my own sobriety throughout the day. And I have awesome co-workers.

Working at The Bridge has given me an opportunity to give back to the recovery community.

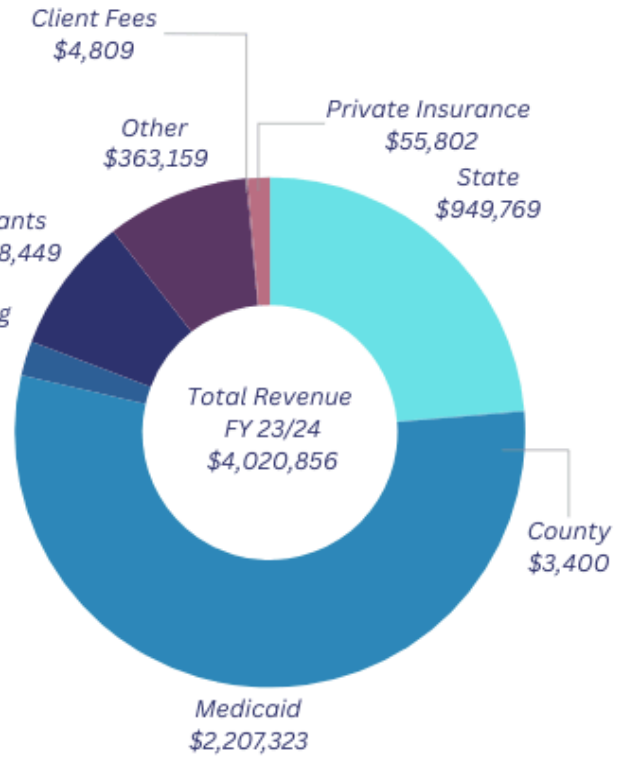
I WAS INSPIRED TO WORK AT THE BRIDGE BECAUSE MY FRIEND WORKS HERE AND REALLY LIKES IT. SO I ALSO BECAME EMPLOYED HERE. I ALSO ENJOY THE FLEXIBILITY I NEEDED TO GO TO SCHOOL TO GET MY DRUG AND ALCOHOL DEGREE AND SPEND TIME WITH MY GRANDKIDS AND FAMILY. I WANT TO SHARE MY JOURNEY WITH OTHERS TO GIVE THEM HOPE AS THEY PROCEED DOWN THEIR OWN PATH TO SOBRIETY.

This program has saved my life. The Bridge taught me a new way to live and take a look at my actions. I'm so blessed to be able to share my experience, strength, and hope with the clients.

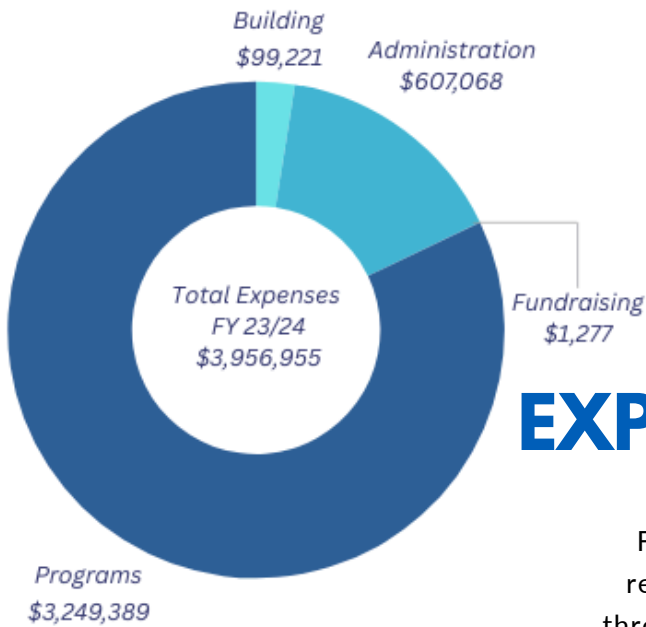
I have the honor of watching our clients find hope, health, and purpose. Not a day goes by that I don't learn something from our clients or from my coworkers. I LOVE the work I GET to do each day!

Year in Review
FINANCIALS

REVENUE



EXPENSES



For Fiscal Year 2023/24, The Bridge Behavioral Health received 24% of funding support through Region V, 55% through the U.S. Department of Health and Human Services via the Nebraska Department of Health and Human Services, Division of Behavioral Health and Medicaid. 21% of funding comes from other sources.

The Bridge Behavioral Health is proud to partner with the community to offer Alcoholics Anonymous, Narcotics Anonymous, and Nar-Anon meetings seven days a week. Please check our website to see a full list of the meetings available.

**RECOVERY
COMMUNITY**

Meetings Seven Days a Week



Year in Review

THANK YOU TO OUR GRANTMAKERS

Ameritas | BHECN | Cooper Foundation | Lincoln
Community Foundation | Workforce Development

Monetary and In-Kind

THANK YOU TO OUR DONORS

Alan & Barbara Frank	Chuck Clifford	Jackie McCabe
Alisa & Scott Glienke	Claire & Chris Haag	Jade Grady
Allison Webb	Clark Bellin	James Arter
Amber Poythress	Clint & Sharon Rail	Jamie Mohr
Amy Rogers	Clover & Matt Frederick	Jamie Wilson
Amy Schroeder	Colleen Gerleman	Jane Raybould
Andrew Cano	David & Doris Dermann	Janice Walker
Ann Rinlein	David & Lisa Herbert	Janis Heim
Ann Wassenberg	David & Mary Schleich	Jason Galindo
Anne DeVries	Dawn Pavey	Jason Truhlicka
Anonymous	Deborah Kinney	Jay Lechner
Arlis & Keith Plummer	Denise Teahon	Jeff Marple
Bee Organized Lincoln	Doug Headlee	Jeff & Kathy Grubbe
Bob & Joyce Howe	Doug & Mary Campbell	Jerry & Linda Boyce
Bob & Michele Lutz	Ed Grubbs	Jessica Heckman
Bonnie Dappen	Elly Hardenkopf	Jill Aerni
Brenda & Al Chambers	Eloise Herr	Jill Grenseman
Brent Besch	Felicia MacDonald	Jim Stuart
Briana Deng	Fellowship Community Church	Joan Stahly-Rouse & Donald Rouse
Capital City Naranon	Fred Zwonechek	Joanne Hranac
Capitol Heating & Air	Georgia Bihl	Joe Wright
Carol McClain	Gina Egenberger	John Laflin
Carol Swigart	Gina King	John & Claudia Reinhardt
Cary & Lisa Peterson	Give Nebraska	John & Bonnie Kennedy
Catherine Kottwitz	Gretchen Goering	Jonathan Matheney
Cathy Miller	Holly Leach	Julianne Kaiser
Cathy Pompeo	Home Services of NE	Julie Bubak (Cully)
Christine Jackson	Jackie Klein	

Monetary and In-Kind

THANK YOU TO OUR DONORS

Karen & Brian Helmberger	Mary & Charles	Sarah Smith
Kathleen Hegler	McDevitt-Walter	Saturday Morning Men's
Kathy Schnieders-Abel	Mary Kay Hansen	Scott Swanson
Katie Hejl	McDonald's	Shannon Brinkman
Kelcey Buck	McKenzi Pacheco	Shawn Gouldin
Kelly Hagen	Megan McKay	Sonia Howard
KidGlov	Melanie Cassidy	Stacey Doehring
Kidwell Inc	Melissa Burke	Stacie & Matt Giesler
Kile & Virginia Johnson	Mike Murphy	Stephen Wisthoff
LaDonna & Tara Little Elk	Mike Zwingman	Stephen & Julie Enersen
Laura Safarik	Mitchell Dahl	Steve Bartek
Laura Uridil	Molly Nance	Steve Ferris
LeAnn Kern	Nancy Rose	Steve & Christine Petersen
Lee Foster	Nancy & Phil Tegeler	Steven Gokie
Lincoln Haymarket	Nelnet	Sue Leach
Development Corporation	Nia Nielsen	Susan Pierce
Lincoln Industries	Owen & Laurie Yardley	Susanne Blue
Lincoln Women for Good	Pam Collins	Suzi Dearmont
Linda Gaffney	Paul Bartlett	Sydney Lynch & Craig Roper
Linda Purser	Paula & Rob Boyd	Sydney Smith
Lisa Huff	Pinnacle Bank	Tamara McKnight
Lloyd & Donna Hinkley	R Sloss	Taya Klein
Lon Flagtwet	Ralph Ewert	Teresa & Todd Ingram
Lora Curry	Randall Smith	Terri Pieper
Lori Ashmore	Rene Janousek	Terry Wittler & Margee Bartle
Lorinda Lauby	Rick Thomson	The Mill Coffee & Tea
Louise Schleich	Rico Zavala	Theresa & Ray Frey
Lucy Hruska	Rob McMaster	Tiffany Mousel
Lynette Fast	Rod & Connie Howe	Todd & Shelley Reimers
M & M Seacrest Family	Roger & Sharla Reynolds	Tom Dolan
Charitable Foundation	Runza	Tom & Ann Safranek
Marcia Malone	Ryan Stoner	United Church of Christ
Marilyn Nelson	Sabrina Saathoff	Waverly Area Kiwanis
Mario Scalora	Samuel Sherman	Wendy & Joe Schuman
Mary Barton	Sara Ondracek	Wild Root Yoga
Mary Frey		Will & Nancy Janike

Sincere apologies if anyone was inadvertently omitted